

Get excitement and affordability **for only \$19.99!**

**F**un, fun, fun is what families can expect when they get *A Very Veggie Family Adventure!* Just like its name suggests, it's full of adventure that parents and kids will enjoy. Based on the upcoming feature film, *Jonah — a VeggieTales Movie*, parents can explore creative ways to reach their kids with biblical values.

Developed in collaboration with Zonderkidz, Big Idea Productions, and FamilyLife, this *All Play - No Work Activity Kit* contains useful resources for encouraging godly values and building family communication. The kit includes the following:

**RESOURCE GUIDE:** Ninety-six pages of interactive family fun are designed to help everyone learn ten biblical values found in the story of Jonah. The guide is divided into sessions that each include a letter from Jonah, easy-to-do activities, questions to process the activity, and life application. The activities are simple to do and include step-by-step instructions that require hardly any preparation to create fun and learning.

**VIDEO:** Through ten 6-minute segments, the video will introduce the biblical values being taught. It includes new animation from Bob the Tomato and Larry the Cucumber in funny countertop greetings, plus a sneak peek behind the scenes of the upcoming *Jonah — a VeggieTales Movie*.

**THE MAP/TIMELINE:** A tri-fold tabletop piece provides an overview of Jonah's story. Families can refer to this timeline again and again while they learn the biblical values drawn out of each Jonah session.

**THE MAGNETIC FRAME AND CARDS:** This useful life application element includes a frame and ten card inserts that can be placed on the refrigerator for high visibility. Each card corresponds with a value and reinforces what's taught in each lesson. The cards ask family members to do something to apply what they learned to everyday life. They not only help families remember what they learned, but they also include a checklist, a measuring meter, or a call to action.

**BIG IDEA**

[www.bigidea.com](http://www.bigidea.com)

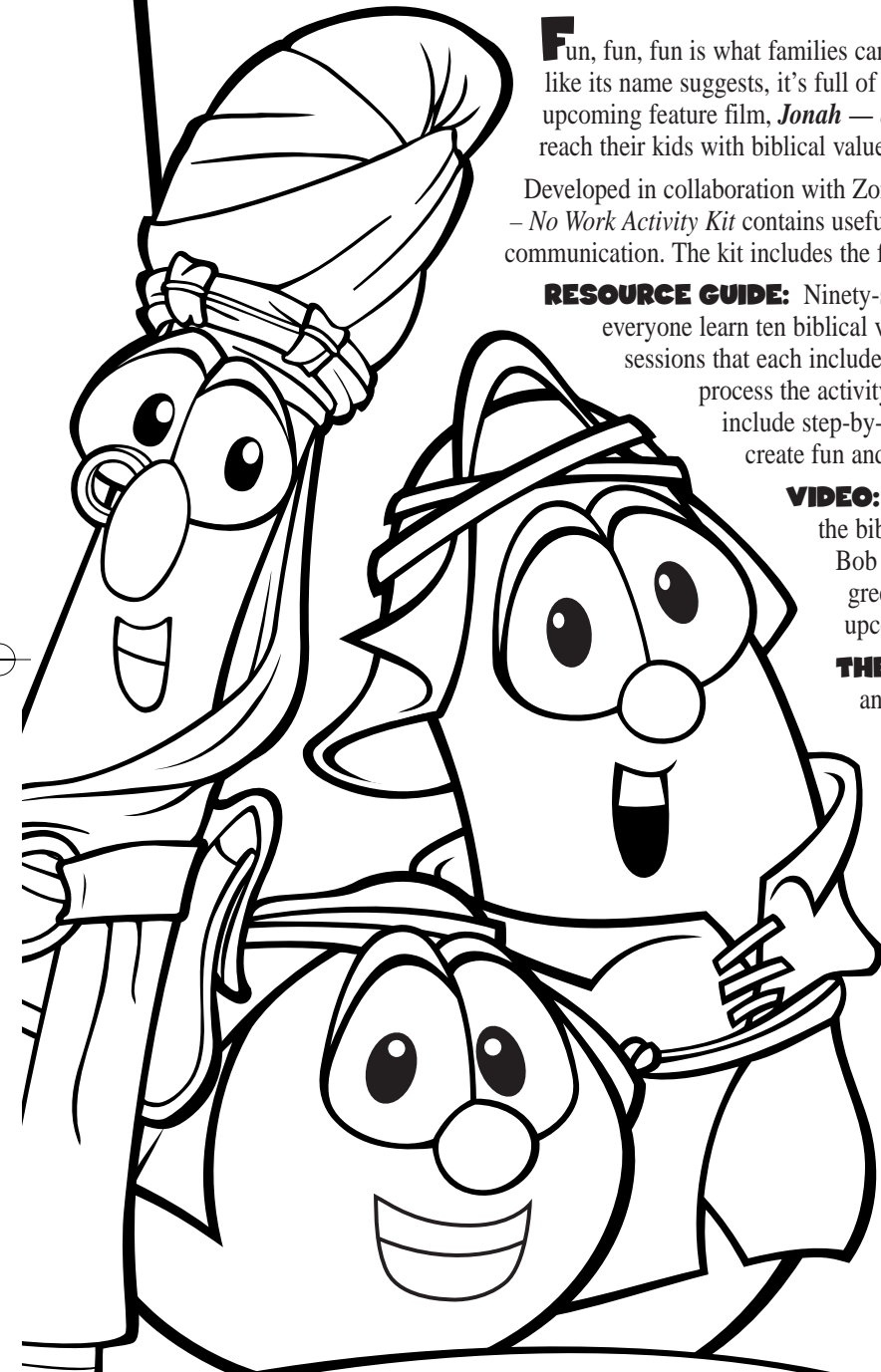
Zonderkidz™

Look for this and other all-new Big Idea books available in stores August 2002!

To locate a store near you, call **1-800-991-7747** or visit

[www.zonderkidz.com](http://www.zonderkidz.com). To place an order, call **1-800-727-3480**.

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BIG IDEAS  
**Jonah**  
a VeggieTales Movie

**Don't forget: Jonah — a VeggieTales Movie hits the big screen late this summer! Come see all your favorite Veggies at a theater near you!**

# A Very Veggie Family Adventure!

*All Play - No Work Activity Kit*

## Greetings and Salutations!

My name is Archibald Asparagus. I'm going to play the role of Jonah in Big Idea's new motion picture, *Jonah - a VeggieTales Movie!* It's quite a thrilling opportunity for me to embark on such a great adventure! But I don't want to be the only one having all the fun! That's why I'm writing this note to you!

I'm just delighted that children everywhere have been participating in *Jonah: An Overboard Adventure! Learning to Walk in God's Ways*. By learning the story of Jonah, kids have been discovering biblical values that they can put into practice every day! But the adventure doesn't have to end there!

There's another great resource for the entire family! It's called *A Very Veggie Family Adventure! All Play - No Work Activity Kit*. It's a great resource for getting the entire family involved in learning biblical values. It comes with a guide filled with fun, meaningful activities for absolutely everyone! It also includes a hilarious video with greetings from Bob the Tomato and Larry the Cucumber. They introduce each of the values and then share some behind-the-scenes fun at Big Idea! You'll have such a good time, and you'll learn a biblical value in the process.

But don't take my word for it. Try this sample for yourself. Before you know it, the whole family will be involved in learning to walk in God's ways...and they'll be looking forward to your next activity together!

As for me...well, I just hope you enjoy getting the entire family together to laugh, learn, and play. In the meantime...I'll see you at the movies!

With warm wishes for a wonderful Adventure!

*Archibald Asparagus*

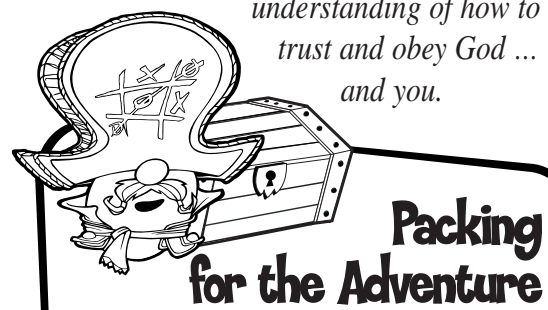
## VBS LEADERS:

Please reproduce these sample sessions for everyone involved in your *Jonah: An Overboard Adventure!* Send a copy home with each child to encourage the entire family to get involved in learning to walk in God's ways.



# Learning to Walk with God by Trusting and Obeying Him

Play two rounds of this wacky game and watch your children gain a deeper understanding of how to trust and obey God ... and you.



- ▶ Keep these instructions nearby. They are your road map for your journey with Jonah.
- ▶ Optional: Secure two prizes (something small like a candy bar or small toy). [Competition is a part of everyday life. But if your family is uncomfortable or unready to participate in a competitive activity, secure a prize that can be shared with everyone by the winner.]
- ▶ Look over the game. You may want to change some of the statements to fit your children or setting. Familiarize yourself with the Bible verses and the "Bring the Message Home" questions. Bookmark the Bible verses, too.
- ▶ Find a place to play your game. You'll need about 20 linear feet in your yard, on a quiet street, in your apartment building parking lot, basement, or rec room.
- ▶ Divide your playing field using chalk outside or masking tape inside. Keep it simple.
- ▶ Gather play dough or paper and pencils for preparing to walk with God every day.
- ▶ Pray that God will help you and your children find the joy in learning to walk with him.

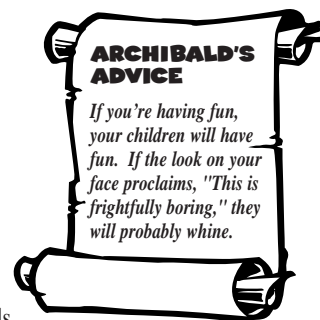
## HOW TO PLAY THE GAME "KEEPING IN STEP"

**1.** Gather the family together and ask everyone to stand side-by-side, with an arm's length between each person (if you have room). The leader should stand at the finish line and show everyone the prize.



**2.** Explain the following rules.

- The leader will say, "If I asked you to (call out an activity like "wash the dog"), will you obey?"
- If participants are willing to do that activity, they take three big steps toward the leader. Participants must tell the truth (not just try for the prize). Tell kids you may test their honesty by taking them up on some of the things they agree to do during the game!
- Participants who are NOT willing to do the activity should take three big steps in the opposite direction.
- The first person to cross the finish line wins the prize.
- Get ready to play round one.



## ROUND 1 Obey Right Away!

From the list on page 3, call out several negative commands that will cause your children to step backward. Then, call out pleasing commands and bring them closer. Begin each statement by saying, "If I asked you to (fill in the blank with statement here), would you obey?" Have fun alternating good and bad tasks until one of your children catches on and steps forward, crosses the line, and wins. If the game drags, switch to positive commands to create a winner.

Celebrate with the winner as good sports (that means good winners and good losers). Then, gather everyone around and talk about what you learned.

## Bringing the Message Home

- 1.** What do you think our game was supposed to teach us? (Wait for answers. You'll get a lot of fun ones. You're looking for: "Obey.")
- 2.** Read Jonah 1:1-3a. What did Jonah do when God asked him to go to Nineveh? (He went in the opposite direction, towards Tarshish.)
- 3.** What was he supposed to do? (Obey God by going to Nineveh to share God's Word.)
- 4.** Who else is supposed to obey? (Children: See Ephesians 6:1-3. Parents: See Romans 13:1-3. Everybody: See John 14:15)
- 5.** Read Jonah 3:1-3a. What did Jonah do this time? (He obeyed and went to Nineveh right away.)

## ROUND 2 Obey Right Away With a Happy Heart

Assemble your family for another round. The rules are the same, with one exception. Instead of taking three big steps toward you when someone agrees, he/she should hop toward you like a Veggie. If someone doesn't want to obey the command, he/she should stomp three times backwards. Celebrate with the winner as good sports. Then talk about it.

## SUGGESTED COMMANDS

- Easy:**
- Polish your favorite trophy.
  - Eat ice cream.
  - Make a card for someone who is sick.
  - Brush your teeth.
  - Watch a VeggieTales video.
  - Play a computer game.
  - Type a letter to your grandparents.
  - Bake cupcakes or cookies.
  - Pretend to fly to the moon.
  - Put on a puppet show.
  - Draw a picture for someone you love.
  - Play a game with a parent.
  - Clean your bike.
  - Score a basket or goal.
  - Hit a homerun.
  - Listen to Silly Songs with Larry.
  - Taste a new food.
  - Write a letter to your best friend.
  - Have seconds on dessert.
  - Add your own:

- Difficult:**
- Polish the silverware.
  - Eat asparagus.
  - Read a story to a younger child.
  - Run all the way to school.
  - Vacuum.
  - Rake the leaves.
  - Clean the gutters.
  - Scrub the bathroom.
  - Type a 5,000 word book report.
  - Keep your room clean for a week.
  - Take out the garbage.
  - Smell someone's socks.
  - Learn more about the environment.
  - Brush the dog.
  - Mow the grass.
  - Make your bed.
  - Pull weeds.
  - Change a messy diaper.
  - Never drink soda again.
  - Add your own:

## Bringing the Message Home

- 1.** What did you have to do to win this game? (I had to hop toward you by agreeing to obey you.)
- 2.** When we're happy, we feel light and are able to hop about with a smile on our face. We stomp when we're angry or sad. How should we feel about obeying God? Why?
- 3.** Read Luke 11:28. (Remember that "blessed" means "happy.") Are you always happy when you obey? Talk about a time when you didn't want to obey.
- 4.** Parents: Has there been a time when you didn't want to obey but did anyway? Explain to your children what happened.
- 5.** Trust plays an important role in obedience. Read Psalm 28:7. Why should we trust God? Why is it important to trust the people God wants us to obey?
- 6.** Read Philippians 2:14 and 1 Corinthians 10:31. What do these verses have in common?
- 7.** We're supposed to do "all things" to the glory of God and without complaining. Do you do everything without complaining? (Both parents and kids should answer!) What can we do to help one another complain less and be more obedient?

## WALKING WITH GOD EVERY DAY!

Get some play dough or paper and pencil, and have fun creating ways to be obedient every day. Ask each family member to write down two or three obedient actions (such as washing the dishes, picking up toys, doing homework, etc.). Feel free to use the list in the first activity for more ideas! Write each activity onto a separate piece of paper, fold, and drop into a hat or paper bag. Take turns drawing out an action, and then mold or draw it for other members to try and guess.

Work together on the action plan below: "Don't Bust the Grumble-ometer!"

## DON'T BUST THE GRUMBLE-OMETER!

How do you feel when it's really hot outside? Do you feel cranky? Do you snap at others? Does this feeling spread to everyone? When we grumble and complain, everybody feels it!

All this week, try to "obey right away with a happy heart." This will keep you from grumbling. But if you do grumble, mark it down on your very own Grumble-ometer. Every time you complain, the red line will creep closer to the breaking point! If you can go all week without busting the meter, you win a prize! (Prizes can be anything... a trip to the movies, an extra cookie for dessert, or a special night of games with mom or dad!)

Apply this to things your parents, teachers, and God ask you to do every day!

Create a Grumble-ometer for each member of the family. Decorate them as desired. Hang them on your refrigerator or a bathroom mirror.

